**Elemental Yoga 200hr Foundational Training Program Application**

Return completed application to yogisrus@gmail.com.

**Personal Information**

Date:

Name:

Address:

Email:

Phone:

Alternate Number:

Birthdate:

**Emergency Contact Information**

Name:

Phone:

Relationship:

​**Experience and Essays:**

1. Please write an essay describing your experience with Yoga and your desire to participate in the Elemental Yoga 200 hour Yoga Teacher Training.
2. What was a major obstacle you’ve had in life and how did you overcome it?
3. What is your ideal in life? Or, what values do you hold most dear?
4. Why do you want to take this training program?

**SIGNATURE:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DATE:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_